

## Tip Sheet Series No. 25

### Surviving and Thriving Counselor Resources

#### **ACA RESOURCES:**

##### **What is a School Counselor: A Resource Guide for Parents and Students**

[\[http://www.counseling.org/Files/FD.ashx?guid=6eba22ab-3d71-4ae1-9b48-49eb442748c9\]](http://www.counseling.org/Files/FD.ashx?guid=6eba22ab-3d71-4ae1-9b48-49eb442748c9)

This online brochure provides a quick overview of the role and value of school counselors. To be used for students, parents, school administrators and the general public.

##### **Effectiveness of School Counseling**

[\[http://www.counseling.org/PublicPolicy/TP/ResourcesForSchoolCounselors/CT2.asp\]](http://www.counseling.org/PublicPolicy/TP/ResourcesForSchoolCounselors/CT2.asp)

This online brochure is a collection of research sources that addresses the effectiveness of school counseling services, including their contribution to the personal and academic success of students. To be used by parents, school administrators, policy makers and the general public.

##### **No Child Left Behind: Sources of Funding that Support School Counseling and Mental Health Services (You must be an ACA Member to access this document)**

[\[http://www.counseling.org/PublicPolicy/TP/ResourcesForSchoolCounselors/CT2.asp\]](http://www.counseling.org/PublicPolicy/TP/ResourcesForSchoolCounselors/CT2.asp)

This guide provides an overview of provisions in NCLB that allow use of funds for mental health and counseling services. This publication costs \$5 for non-members.

##### **A Guide to State Laws and Regulations on Professional School Counseling (You must be an ACA Member to access this document)**

[\[http://www.counseling.org/PublicPolicy/TP/ResourcesForSchoolCounselors/CT2.asp\]](http://www.counseling.org/PublicPolicy/TP/ResourcesForSchoolCounselors/CT2.asp)

The latest on state certification requirements and counseling mandates; updated annually. This publication costs \$10 for non-members.

##### **An Overview of School Based Mental Services**

[\[http://www.counseling.org/Files/FD.ashx?guid=50835dc2-909c-4a1b-a30a-083ebac0c4bf\]](http://www.counseling.org/Files/FD.ashx?guid=50835dc2-909c-4a1b-a30a-083ebac0c4bf):

This online brochure provides an overview of what school-based mental health services are, and who provides these services. To be used by parents, school administrators, policy makers and the general public.

##### **Facts about School Mental Health Services**

[\[http://www.counseling.org/Files/FD.ashx?guid=506ec6e8-5c68-410d-b618-eae0b97d47ad\]](http://www.counseling.org/Files/FD.ashx?guid=506ec6e8-5c68-410d-b618-eae0b97d47ad):

A two-pager of research-based data supporting the need for school-based mental health services.

##### **National Student-to-School Counselor Ratios**

These charts show state and national student-to-school counselor ratios, based on data from the U.S. Department of Education's National Center for Education Statistics.

- **Student-to-Counselor Ratios by State (U.S. Schools Overall)** (10/07)  
[\[http://www.counseling.org/Files/FD.ashx?guid=4c110e7d-1e32-4789-a642-7df8abc94ade\]](http://www.counseling.org/Files/FD.ashx?guid=4c110e7d-1e32-4789-a642-7df8abc94ade)
- **Student-to-Counselor Ratios by State (U.S. Elementary Schools)** (10/07)  
[\[http://www.counseling.org/Files/FD.ashx?guid=5aaf688f-f9b3-4c6a-ba15-566b77c33d9b\]](http://www.counseling.org/Files/FD.ashx?guid=5aaf688f-f9b3-4c6a-ba15-566b77c33d9b)
- **Student-to-Counselor Ratios by State (U.S. Secondary Schools)** (10/07)  
[\[http://www.counseling.org/Files/FD.ashx?guid=bd55372f-1ee1-4aa0-a5e6-161a92f9e97a\]](http://www.counseling.org/Files/FD.ashx?guid=bd55372f-1ee1-4aa0-a5e6-161a92f9e97a)

##### **Review and Analysis of Current Outcome Research in School Counseling**

[\[http://www.counseling.org/Files/FD.ashx?guid=5aa26081-d71e-4bfa-99b9-81827c781e79\]](http://www.counseling.org/Files/FD.ashx?guid=5aa26081-d71e-4bfa-99b9-81827c781e79). From the Center for School Counseling Outcome Research, This paper reviews some of the issues in school counseling outcome research and how these issues relate to the No Child Left Behind (NCLB) Legislation.

##### **New Research Shows Lower Student-to-Counselor Ratios Result in Fewer Disciplinary**

**Problems,** (12/07) [\[http://www.counseling.org/PublicPolicy/LegislativeUpdate.aspx?AGuid=cdacaf8c-f462-4b88-8d7a-6969a4f8400e\]](http://www.counseling.org/PublicPolicy/LegislativeUpdate.aspx?AGuid=cdacaf8c-f462-4b88-8d7a-6969a4f8400e).

**Federal Information Resources for Professional Counselors ((You must be an ACA Member to access this document)**

[<http://www.counseling.org/PublicPolicy/TP/ResourcesForSchoolCounselors/CT2.asp>]

A sourcebook of free and low-cost resources to support and enrich your work as a professional counselor. This publication costs \$10 for non-members.

**Getting a Grant: Sources of Funding and How to Pursue Them (You must be an ACA Member to access this document)**

[<http://www.counseling.org/PublicPolicy/TP/ResourcesForSchoolCounselors/CT2.asp>]

This publication provides an excellent introduction to grant writing and sources of grant funding, including a review of many of the grant opportunities available through various federal government agencies. This publication costs \$10 for non-members.

**Effective Advocacy and Communication with Legislators (2008)**

[<http://www.counseling.org/Files/FD.ashx?guid=7c513fd1-fd35-42dd-a12a-6646e82dd01c>]

Learn how to advocate most effectively for your profession on the local, state and national levels.

Please contact **Christie Lum** with ACA's Public Policy and Legislation staff for more information at (800) 347-6647 x-354, or by e-mail [clum@counseling.org](mailto:clum@counseling.org). For more information on federal issues impacting school counselors, visit [www.counseling.org/public](http://www.counseling.org/public).

**ASCA RESOURCES:**

**The Role of the School Counselor:**

[<http://www.schoolcounselor.org/content.asp?pl=325&sl=133&contentid=240>]

An online resource for anyone who has ever wondered just what a school counselor's role is in the school system. Provides a breakdown of the job description into four key areas; foundation, delivery, management, and accountability.

**Effectiveness of School Counseling:**

[<http://www.schoolcounselor.org/content.asp?pl=325&sl=133&contentid=241>]

A collection of resources that demonstrates the effectiveness of school counseling services in three domains: career, academics, and personal/social.

**Working with Boards of Education:**

[<http://www.schoolcounselor.org/content.asp?pl=133&sl=267&contentid=267>]

Tips for working with a school board of education and a link to learn how to create your own accountability report card.

**State Comprehensive School Counseling Programs:**

[<http://www.schoolcounselor.org/content.asp?pl=325&sl=133&contentid=280>]

Links to state school counseling programs.

**Ratios K-12:**

- **Elementary Ratios:** [<http://www.schoolcounselor.org/files/K-8.pdf>]  
Current elementary counselor to student ratios broken down by state.
- **Secondary Ratios:** [<http://www.schoolcounselor.org/files/9-12.pdf>]  
Current secondary counselor to student ratios broken down by state.
- **K-12 Ratios:** [<http://www.schoolcounselor.org/files/K-12.pdf>]  
Current K-12 counselor to student ratios brown down by state.

**Why Elementary School Counselors:** [<http://www.schoolcounselor.org/content.asp?contentid=230>]

A detailed description for counselors, parents, and administrators to understand the need and role of an Elementary School Counselor.

**Why Middle School Counselors:** [<http://www.schoolcounselor.org/content.asp?contentid=231>]

A detailed description for counselors, parents, and administrators to understand the need and role of a Middle School Counselor.

**Why Secondary School Counselors:** [<http://www.schoolcounselor.org/content.asp?contentid=233>]

A detailed description for counselors, parents, and administrators to understand the need and role of a Secondary School Counselor.

**State School Counseling Websites:**

[<http://www.schoolcounselor.org/content.asp?pl=133&sl=522&contentid=522>]

Direct links to state departments of education school counseling services websites.

**Continuing Education:** [<http://www.schoolcounselor.org/content.asp?pl=133&sl=243&contentid=243>]

Continuing education requirements by state for school counselors.

**Ethical Standards:** [<http://www.schoolcounselor.org/content.asp?pl=325&sl=136&contentid=136>]

Ethical Standards for the school counseling profession; PDF and Spanish versions are also accessible at this link.

**Position Statements:** [<http://www.schoolcounselor.org/content.asp?pl=325&sl=127&contentid=178>]

Position statements on a variety of topics that school counselors encounter. PDF versions are also accessible at this link.

**Professional Interest Network:**

[<http://www.schoolcounselor.org/content.asp?pl=325&sl=127&contentid=177>]

The professional interest network (PIN's) includes professionals who specialize in a variety of fields who respond to member's professional development needs in targeted areas such as career development, bullying and diversity.

**Legislative Affairs:** [<http://www.schoolcounselor.org/content.asp?pl=325&sl=131&contentid=131>]

Provides up to date ASCA legislative news and the latest issue of *The ASCA Legislative Update*.

**Resource Center:** [<http://www.schoolcounselor.org/resources.asp>]

Members can research and download ready to use tools for their school on a variety of topics including grants, eating disorders, and legal and ethical issues.

**ASCA National Model:** [<http://www.schoolcounselor.org/content.asp?pl=134&contentid=134>]

The model provides the mechanism with which school counselors and school counseling teams will design, coordinate, implement, manage and evaluate their programs for students' success. Includes articles, power points and an executive summary explaining the model in detail.

**State Certification Requirements:**

[<http://www.schoolcounselor.org/content.asp?pl=325&sl=133&contentid=242>]

States requirements to be certified as a school counselor.



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